

# 5-year ACGME-Accredited Program

3 residents per year | 15 residents total | No research year

## PROGRAM HIGHLIGHTS

- 41 months of team-based surgical rotations, including general, trauma/acute care surgery, surgical oncology, vascular surgery and more
- Experienced, passionate team with a 1:1 faculty-to-resident ratio
- High patient volumes offering a wide variety of cases
- Level II Trauma Center
- A three-month rotation at New York-Presbyterian/Columbia University Medical Center during the PGY-3 year for experiences in pediatric surgery, burn and transplant
- Early operative experience and incremental patient care responsibility
- Research opportunities
- A state-of-the-art simulation lab

## BENEFITS

- Full benefits package including medical, dental, vision
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- Employee assistance program (EAP)
- Employee discount program

## EXTRACURRICULAR ACTIVITIES

- Annual resident and family welcome party
- Program holiday party
- End-of-year recognition banquet
- Monthly activities and additional social events

## WORK HOURS/CALL

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day free out of seven

- YEAR 1** Year one is entirely team-based, with experienced surgeons leading teams of residents in all areas of patient care. Teams may focus on general surgery, surgical oncology, minimally invasive techniques, colorectal surgery or vascular surgery, but all give firsthand exposure to patient care and surgical procedures.
- YEAR 2** In the second year, residents will rotate in the surgical ICU to gain experience in caring for critically ill patients. Additionally, two months of endoscopy training will take place while additional team training and simulation prepares residents for increased patient care responsibility.
- YEAR 3** During the third year, residents will participate in general surgery rotations at Northern Dutchess Hospital and Putnam Hospital Center, Health Quest facilities that offer a community-based hospital experience and specialize in minimally invasive and robotic surgeries. Additionally, three months will be spent at New York-Presbyterian/Columbia University Medical Center in New York City to receive specialized training in burn care, transplantation and pediatric surgery.
- YEAR 4** In the fourth year of training, residents are ready to take the lead on surgical cases, oversee surgical teams and begin teaching the junior residents. During elective rotations, residents will have the opportunity to receive additional training in the specialty area of their choice or participate in research-related activities.
- YEAR 5** By the fifth year, residents will be leaders of the surgical teams, taking responsibility for all aspects of patient care and guiding junior residents through their training. The fifth year consists entirely of team-based care, providing residents in their final year the opportunity to demonstrate clinical excellence, hone surgical and decision-making skills and perform a comprehensive and varied scope of procedures.

# General Surgery Residency Program

Accredited by the American Council for Graduate Medical Education (ACGME)



The Health Quest general surgery residency program offers exposure to a variety of surgical services and procedures to prepare graduates to excel in a variety of fields.

Our program offers a robust service line of pioneering advanced procedures and quality care, including:

- Minimally invasive laparoscopic and robotic surgery
- Modern bariatric care
- Comprehensive hepatobiliary and pancreatic services
- Protocol-based breast surgery and plastic reconstructions
- Progressive endovascular and open vascular surgery
- Wide-ranging cardiac interventions
- Integrated surgical oncology program, including thoracic surgery
- Multidisciplinary wound management and hyperbaric program

Health Quest residents receive high-quality training with emphasis on early operative experience and incremental patient care responsibilities. We incorporate a curriculum utilizing state-of-the-art facilities that balance traditional surgical management with technology services, including:

- Innovative simulation center
- IBM Watson integration
- Inpatient and ambulatory EMR
- PACS medical imaging
- Da Vinci surgical systems, and more

The new patient pavilion opening in 2020 at Vassar Brothers Medical Center will add 15 OR suites, an innovative conference center and private rooms to offer an enhanced patient care and educational experience. Vassar Brothers Medical Center is also a Level II Trauma Center.

## TEACHING THE ART AND SCIENCE OF GENERAL SURGERY

Our dedicated faculty is energetic, engaged and passionate about teaching clinical excellence. Our goal is to form a collegial environment, prioritizing resident wellness while maintaining emphasis on patient care. We understand a modern, strong, comprehensive residency training program should work in concert with resident health and well-being.

Each resident is matched with a faculty mentor, with a 1:1 faculty-to-resident ratio. There is a strong support system to ensure residents are part of the family at Health Quest.